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## CHAPTER 11

### Six Leadership Practices Spiritual Boot Camp for Leaders

To master anything you need practice and focus. This chapter of *Mastering Leadership* describes six leadership practices that reliably mature our personal leadership. The authors call them ‘a spiritual boot camp’ – because they bring-out the highest and best of us.

The six practices are interdependent. Taken together, they transform consciousness, along the path from Reactive, to Creative to Integral structures of mind.

The six practices are:

1. Discerning Purpose
2. Distilling Vision
3. Knowing Your Doubts and Fears
4. Engage in Authentic, Courageous Dialogue
5. Develop Intuition, Open to Inspiration
6. Think Systematically

#### **Build common understanding of the chapter terms**

- Are there any common themes amongst these six practices?
- The authors state that these practices are inter-related. From your experience, can you identify any examples that illustrate this?

#### **Explore the implications of the chapter concepts for leaders and organizations**

- How do these practices change your approach or thinking about leadership development or organization development?
- How does Discerning Purpose align with Creative vs. Reactive Leadership? Why is this important?
- How is Distilling Vision both an individual and collective process? Why is this important?
- Why must we “know our doubts and fears”?
- Can we simply get rid of our Reactive Tendencies? Why or why not?
- What does Authentic and Courageous Dialogue look like? Why is this important?
- When is intuition important, and why does it contribute to leadership and performance?



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- How does systemic thinking evolve as leaders and organizations transform? Why is this important?

## **What is new for you? What does this change for you?**

- Please share some of your experience on the path of spiritual boot camp (or that of a leader you support). What prompted it, and what are a few things you have learned along the way?
- Can you share a key milestone in your personal journey toward distilling purpose?
- How can you use the Taking Stock questions at the back of the chapter (page 263) to facilitate transformation?

## **Take-away Round Robin**

- What is your key take-away from today? What action/change can you make?
- What are the key insights in this chapter as it relates to the leaders you support?